



CHURCH@HOME

The Way Up Is Down (4)

The Covenant for the Meek

Philippians 4:6, 7 (AMP)

"Do not fret or have any anxiety about anything, but in every circumstance and in everything, by prayer and petition (definite requests) with thanksgiving, continue to make your wants known to God. And God's peace shall be yours...."

Read Matthew 5:1-12

1. Be Careful Not To Take the Care...Psalm 37:5-6...

- a. Taking the care [WORRYING], is an evidence of pride...
- b. **DEPEND** on God for **EVERYTHING**...
- c. You cannot do everything for yourself by yourself...
- d. Be willing to trust God **EVERY STEP OF THE WAY**...
- e. **BELIEVE** that God will do what He said He will do...

2. Trust God to Do It For You...Psalm 37: 7-11...

- a. Trust God to **TAKE CARE** of you...
- b. Trust God to **LEAD** you...
- c. Trust God to **PROTECT** you...
- d. Trust God to **AVENGE** you...
- e. Those who trust God with a **MEEK** and **HUMBLE** heart, inherit the blessings of the covenant...

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3. The Attitudes of the Meek...Matthew 5:5-11...

a. POOR [Humble] In Spirit:

-Knowing that you are INDEPENDENT in and of yourself but DEPENDENT upon God

b. MOURNFUL [Having a CONTRITE heart]:

-BROKEN in yourself but WHOLE in God...

c. PATIENT and LONG-SUFFERING:

-Not easily given to stress or irritation, but KIND and MILD in any circumstance...

d. HUNGRY and THIRSTY for righteousness:

-To be YIELDED to the will of God at all times...

e. MERCIFUL [Compassionate]:

-Able to empathize with the hurting and the weary...

d. PURE in heart:

-Seeking to always please God...

e. PEACE MAKER [Makers and maintainers of Peace]:

-Willing to take the extra step in order to create peace...

f. REJOICING in Persecution:

-Trusting God to avenge while rejoicing in His favor and blessing...

Suggestions for Open Discussion

1. *Why in your opinion is worrying, being anxious, and being full of care an evidence of pride? How can a believer stay worry and care-free when dealing with difficult or threatening situations in life?*
2. *How would you describe Trust in God? How can we tell that we are trusting God? What do we feel when Trust in God is strong?*
3. *How many of the 'Attitudes of meekness' or "beatitudes" can you remember and recite off-hand?*